





# TEAM CAPTAIN MEETING

Marmotta Trophy

Martell – 16th February 2023 Individual Race



## Present at the TCM table



- President of the LOC:
- ISMF Official Delegate (if present):
- ISMF Event Director:
- President of the Tech. Jury:
- LOC Race Director:
- ISMF Technical Delegate:
- Speaker:

Georg ALTSTÄTTER Pierre DUPONT Josef GRUBER Monika STROJNY Egon EBERHÖFER Stefano MOTTINI Christine CAVAGNET



## The Event Jury



- ISMF Event Director:
- LOC Race Director:
- ISMF Technical Delegate:
- President of the Tech. Jury:

Josef GRUBER Egon EBERHÖFER Stefano MOTTINI Monika STROJNY



## The Technical Jury



<u>Members with right to vote:</u>

- President of the Tech. Jury:
- 1° ISMF Referee:
- 2° ISMF Referee:

### <u>Members without right to vote:</u>

- ISMF Event Director:
- ISMF Technical Delegate:
- LOC Race Director:

National Referees:

Monika STROJNY Daniel BÜHLMANN Tomasz TYWONEK

Josef GRUBER Stefano MOTTINI Egon EBERHÖFER

Laurent PERRUCHON Noverino GIANOLA

**Programme** of the Event



Wednesday 15.02.2023

6.00 p.m – Team Captain Meeting for INDIVIDUAL RACE 6.30 p.m – bib distribution

Thursday 16.02.2023

Race 1 | ISMF World Cup – INDIVIDUAL RACE

Friday 17.02.2023

**Rest Day** 

6.00 p.m. – Team Captain Meeting for MIXED RELAY & SPRINT RACE

Saturday 18.02.2023 Race 2 | ISMF World Cup – MIXED RELAY RACE

Sunday 19.02.2023

Race 3 | ISMF World Cup – SPRINT RACE

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### **Programme of the Race**



### Thursday 16.02.2023 - Race 1 | ISMF World Cup – INDIVIDUAL RACE

8.30 a.m – Team Captain Meeting on site

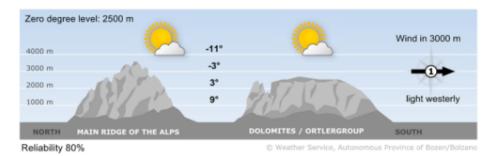
- 09.00 a.m. Start Senior MEN
- 09.45 a.m. Start Senior WOMEN
- «» Flower Ceremony will be held immediately after the arrival of the top athletes of each category in the Finish Area (next to the ex-Hotel Paradiso)
- 11.30 a.m. Official Award Ceremony in the Finish Area (next to the ex-Hotel Paradiso)

### Wetterbericht – Bollettino meteo – Weather Forecast

#### 15.02.2023 12:00

### Weather Forecasts

### Forecast for tomorrow, thursday 16/02/2023 Sun and high clouds



### General weather situation

The high pressure will be weaker and the air masses slightly more humid.

#### Tomorrow's weather

Some high clouds may dim the sun during the first part of the day. Slightly falling temperatures.

WIND IN 3000 M

- 1 light wind: 5-15 km/h 2 - moderate wind: 16-30 km/h 3 - strong wind: 31-60 km/h
- 4 heavy wind: > 60 km/h



MOON
Rising: 04:41
Setting: 12:35

Prognose	Previsione	Forecast
Heute ist es strahlend sonnig, auch am Nachmittag bleibt der Himmel wolkenlos. Morgen ist es nicht mehr ungetrübt sonnig, vor allem am Vormittag ziehen weit über den Gipfeln ein paar Schleierwolken durch. Am Freitag und Samstag geht es mit einer Mischung aus sonnigen Abschnitten und durchziehenden Wolkenfeldern weiter. Am Sonntag überwiegen die Wolken und am Abend sind leichte Niederschläge möglich. Die Temperaturen gehen etwas zurück.	sopra le cime soprattutto al mattino. Per venerdì e sabato si prevede alternanza fra tratti soleggiati e nuvolosità in transito. Per domenica è previsto cielo perlopiù nuvoloso con possibilità di qualche debole precipitazione verso	mountain peaks in the morning.

				Trend	
	Wed, 15.02.	Thu, 16.02.	Fri, 17.02.	Sat, 18.02.	Sun, 19.02.
Wettertyp Tipo di Tempo Type of weather	Ϋ́ Ϋ́	놊 ※	<u> 巻</u> 巻	盗 盗	遊園
Niederschlags- wahrscheinlichkeit Probabilità di precipitazioni Probability of precipitions	90% 60% 30%				
Schneefallgrenze Limite nevicate Snow line	-	-	-	m	
Neuschnee Neve fresca Fresh snow	-	-	-	cm	
Wind Vento Wind	10-20	10-20	10-30	km/h	
Temperaturen Temperature 2800 m Temperatures	-3/2	-5 <b>/0</b>	-7 <b>/-2</b>	°C	
Temperaturen Temperature 2000 m Temperatures	-1/8	-2/7	-2 <mark>/6</mark>	°C	

### http://weather.provinz.bz.it/default.asp

#### wetter.provinz.bz.it - meteo.provincia.bz.it - weather.provinz.bz.it

## **Snow Conditions & Avalanche Report**

#### Danger level for Wednesday, 15/02/2023 **Danger Level 2 – moderate**

### Ibk Bz Tn 🗆 20 km (CC)BY avalanche.report

AM



Snowpack stability: poor Frequency: few 2200m valanche size: medium Weakly bonded old snow is to be evaluated with care and prudence. Further increase in danger of wet avalanches as a consequence of warming during the day.

Weak layers in the old snowpack can still be released in some places by individual winter sport participants. Caution is to be exercised in particular at transitions from a shallow to a deep snowpack, when entering gullies and bowls for example, as well as in little used terrain. Mostly avalanches are medium-sized.

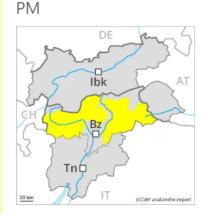
As a consequence of warming during the day, the likelihood of wet avalanches being released will increase in particular on steep sunny slopes below approximately 2600 m.

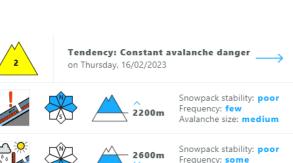
Backcountry touring calls for meticulous route selection.

#### Snowpack

Danger Patterns (dp.1: deep persistent weak layer

dp.10: springtime scenario





Avalanche size: medium

The old snowpack remains prone to triggering in some places, especially on steep, little used shady slopes above approximately 2200 m, as well as on very steep sunny slopes at elevated altitudes. The weather conditions brought about a slow strengthening of the old snowpack. The snowpack will be subject to considerable local variations. Sunshine and high temperatures will give rise as the day progresses to softening of the snowpack in particular on steep sunny slopes below approximately 2600 m.

### Tendencv

As a consequence of warming during the day more wet snow slides and avalanches are possible.

### https://avalanche.report/bulletin/latest

### **Race Location** Martelltal – South Tyrol - Italy

Bürgerhaus – Cultural Centre Team Captains Meeting Burgone Baoli Salto F

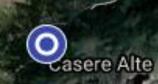
MO

Gand

Freizeitzentrum "Trattla" Accreditation Office

Biathlon Centre "Grogg" MIXED RELAY & SPRINT RACE Race Office Official Award Ceremony for Mixed Relay & Sprint Race

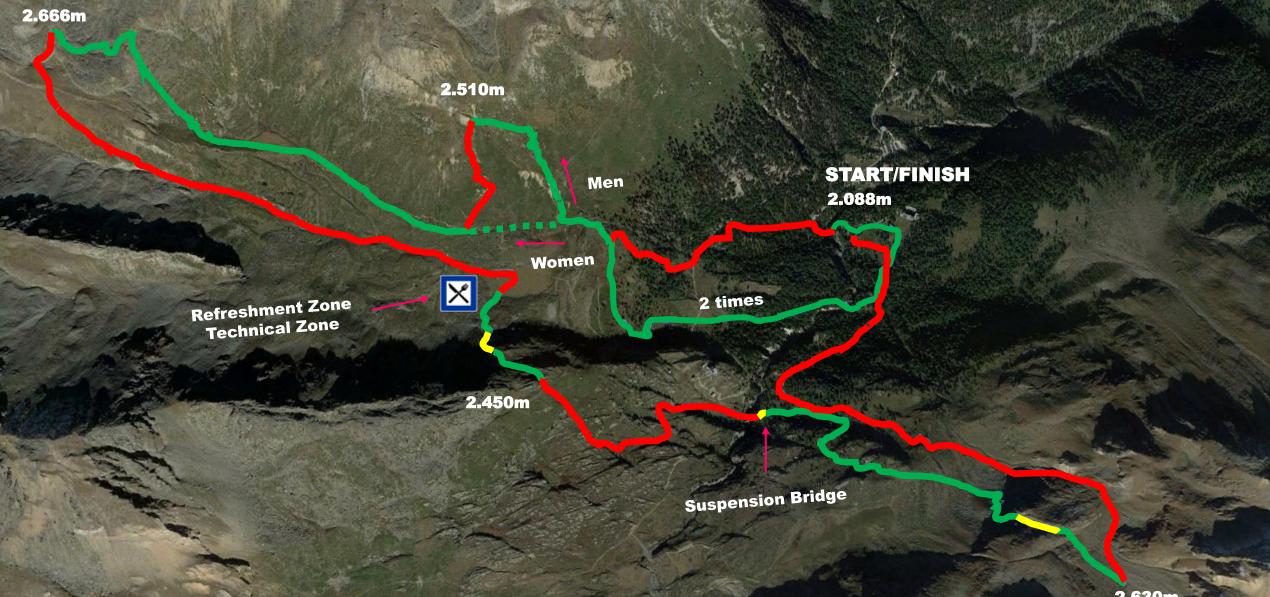
Ex-Hotel Paradiso INDIVIDUAL RACE Official Award Ceremony for Individual Race



St. Gertraud

## **Race Tracks – Individual**

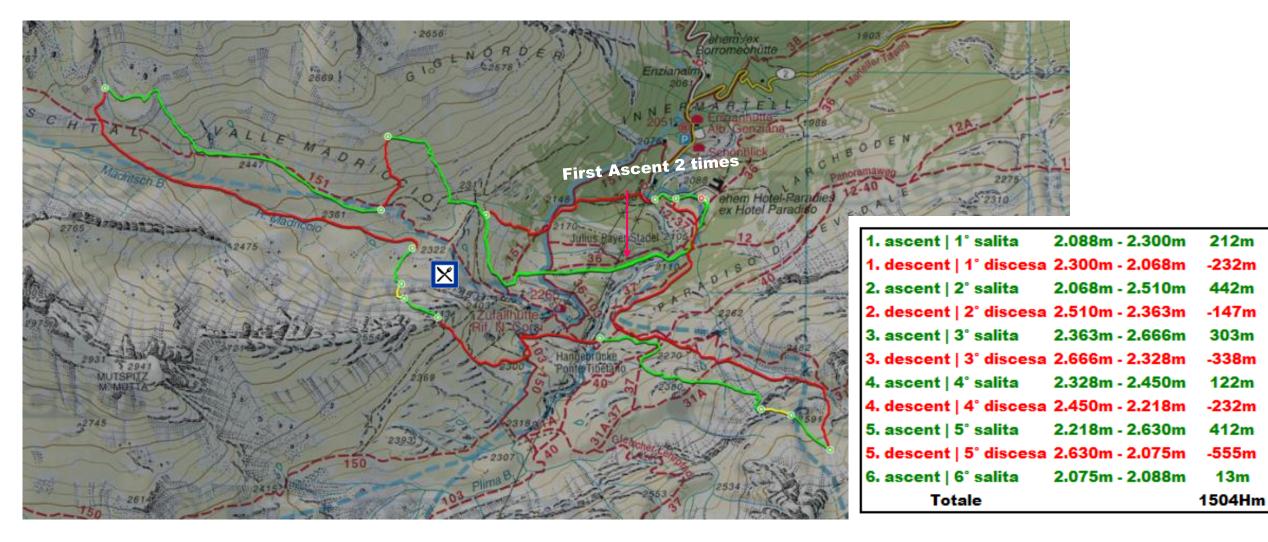




## Senior Men







Distance: Altitude diff: 15,1 km 1.504 m Ascents: Descents:

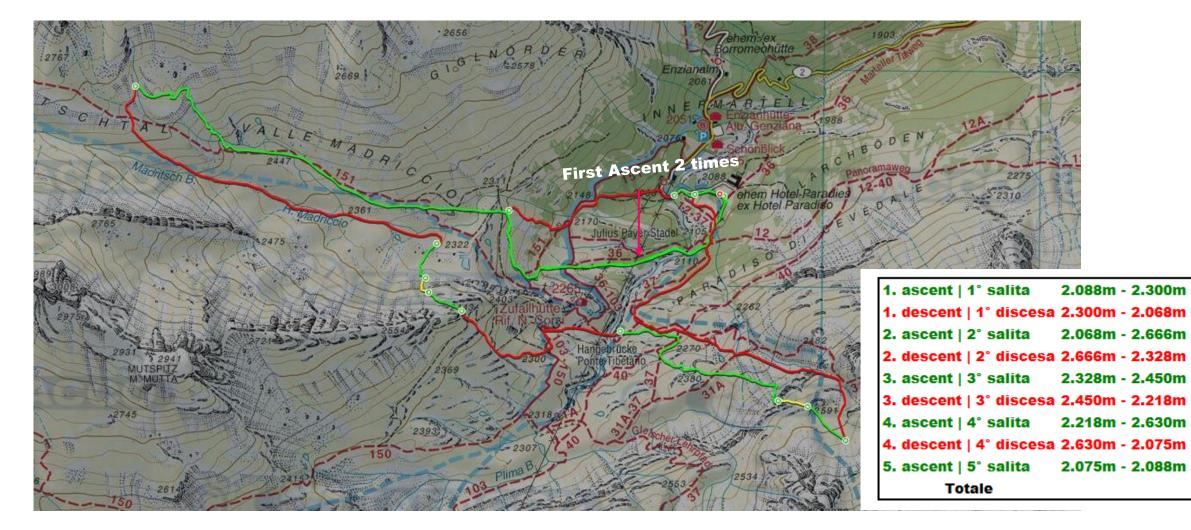
6 5 Part on foot:

3

## Senior Women







5

Distance: Altitude diff: 14,3 km 1.357 m

Ascents: Descents:

Part on foot:

3

212m

-232m

598m

-338m

122m

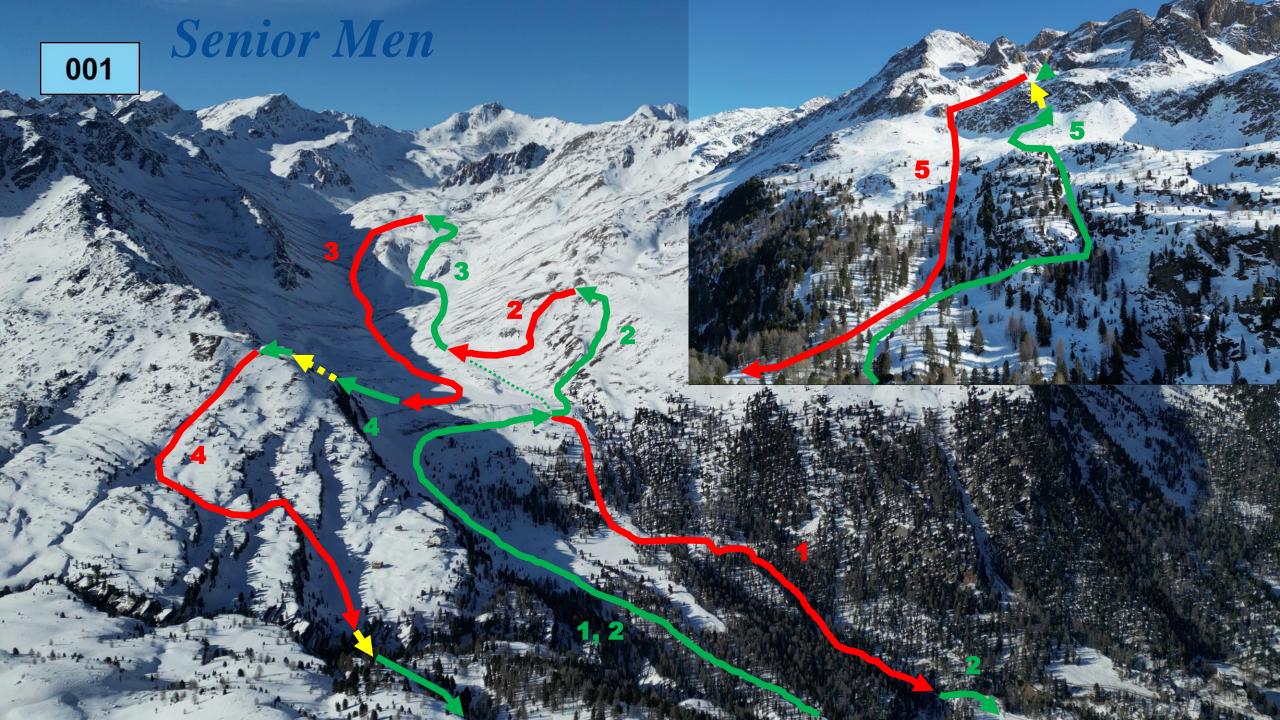
-232m

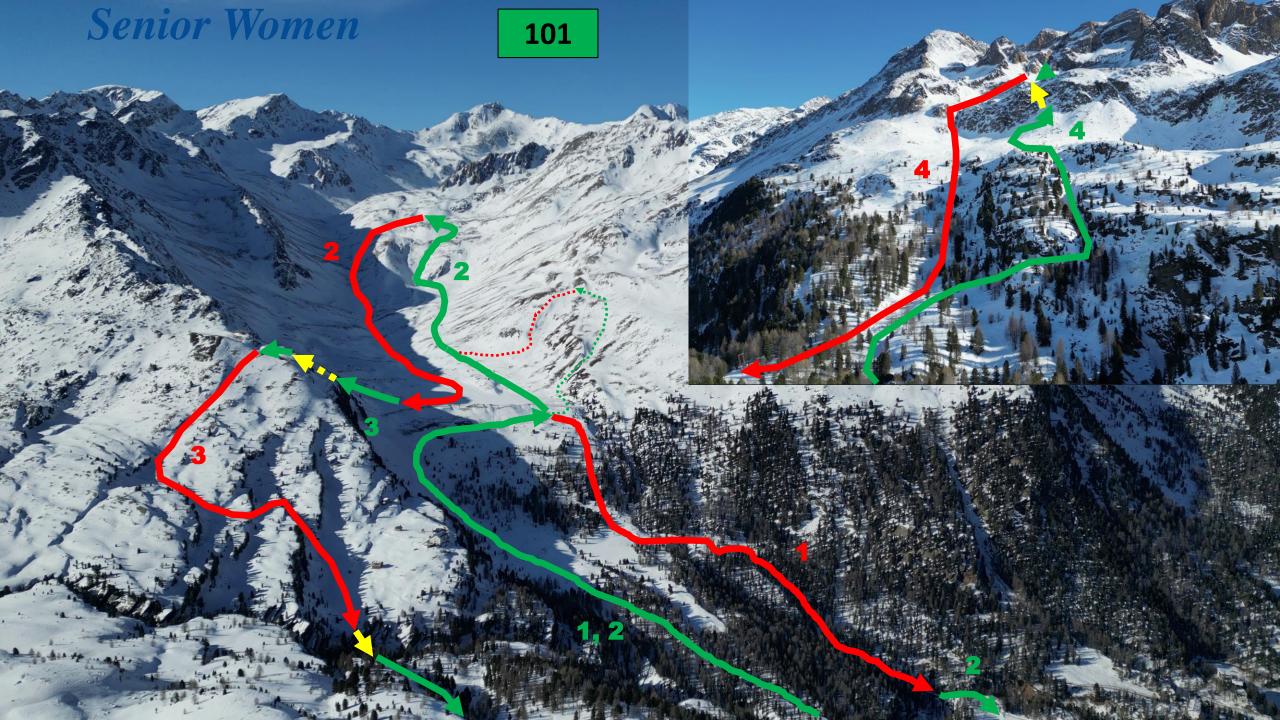
412m

-555m

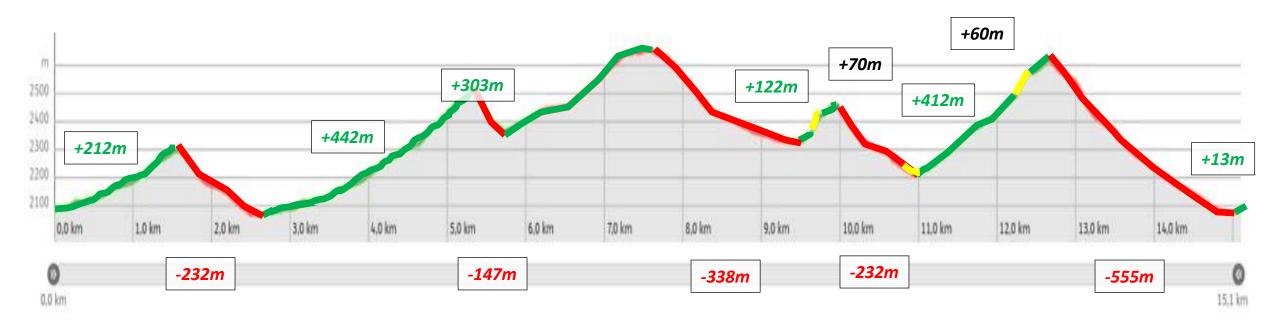
13m

1357Hm





## Height Profile – Senior MEN



+1.504m – 15,1 km

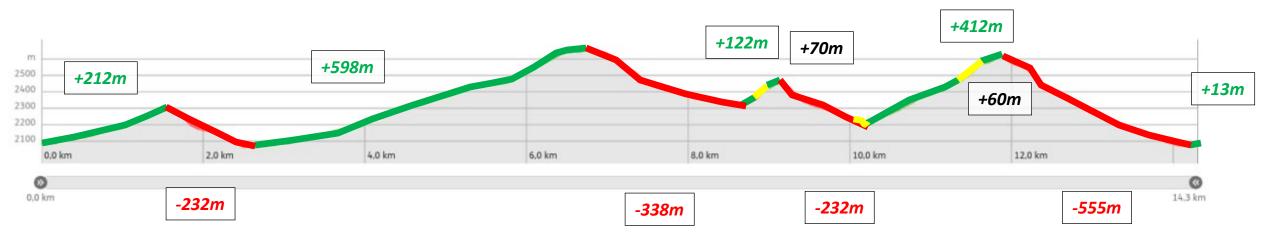
### Race Tracks – Senior Men







## Height Profile - Senior WOMEN

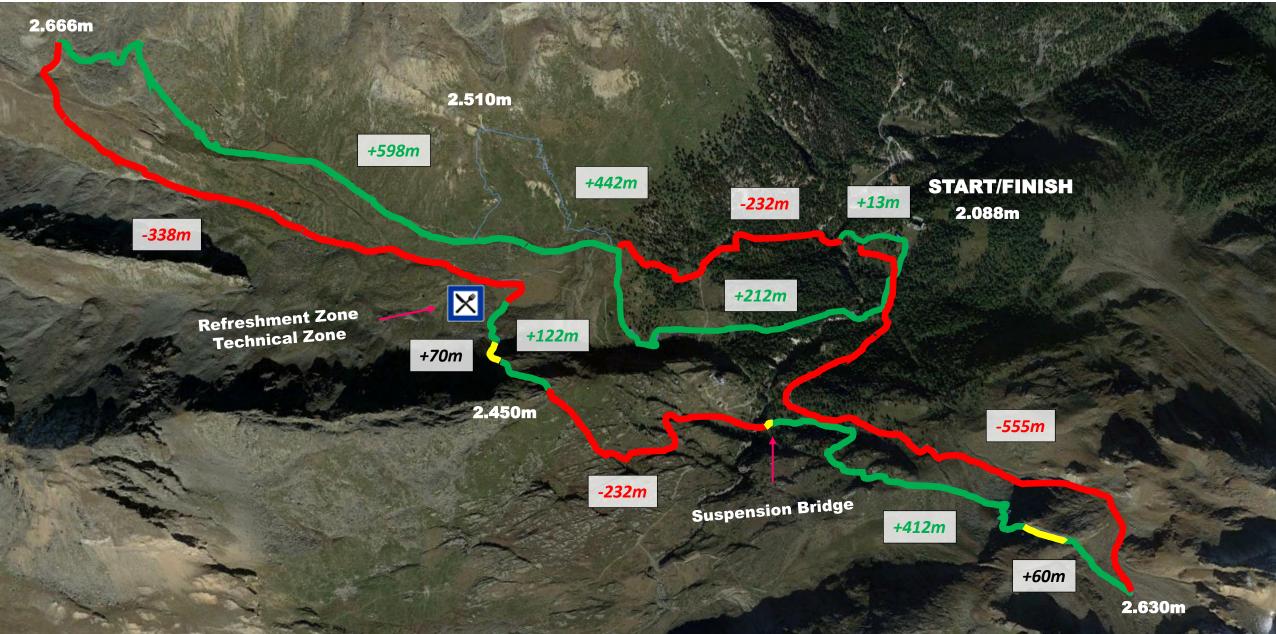


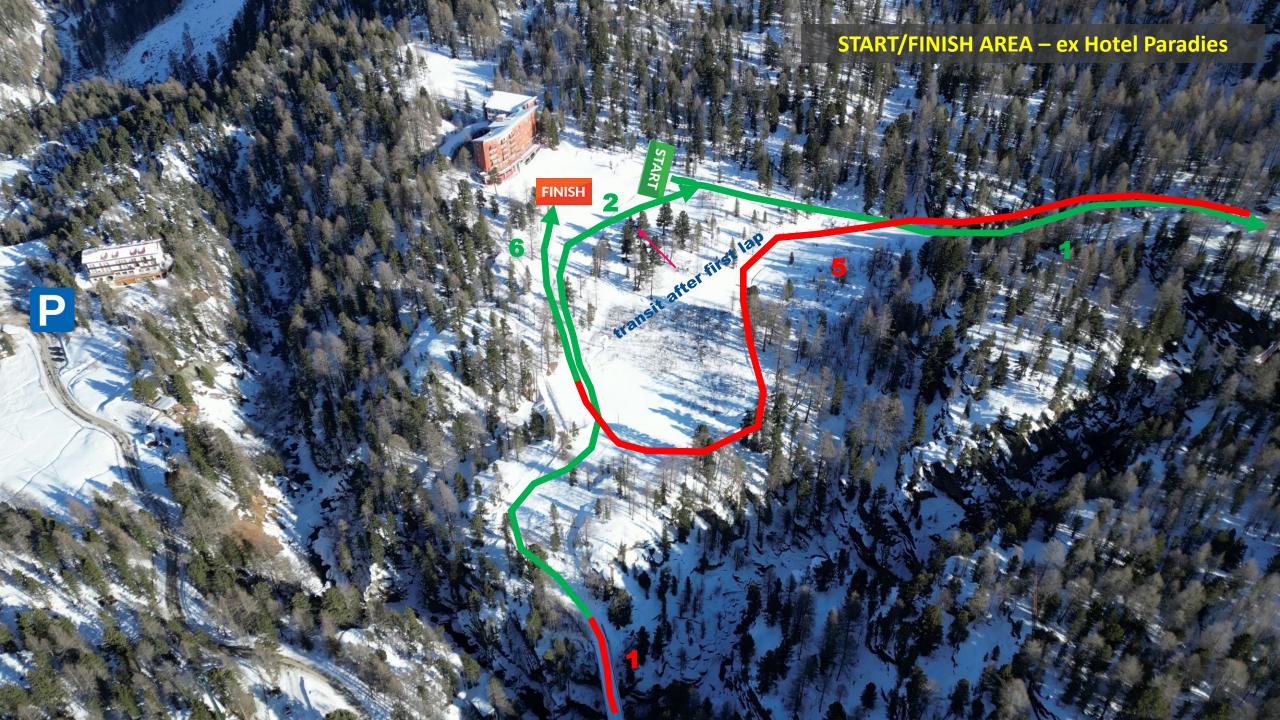
+1.357m – 14,3 km

### Race Tracks – Senior Women

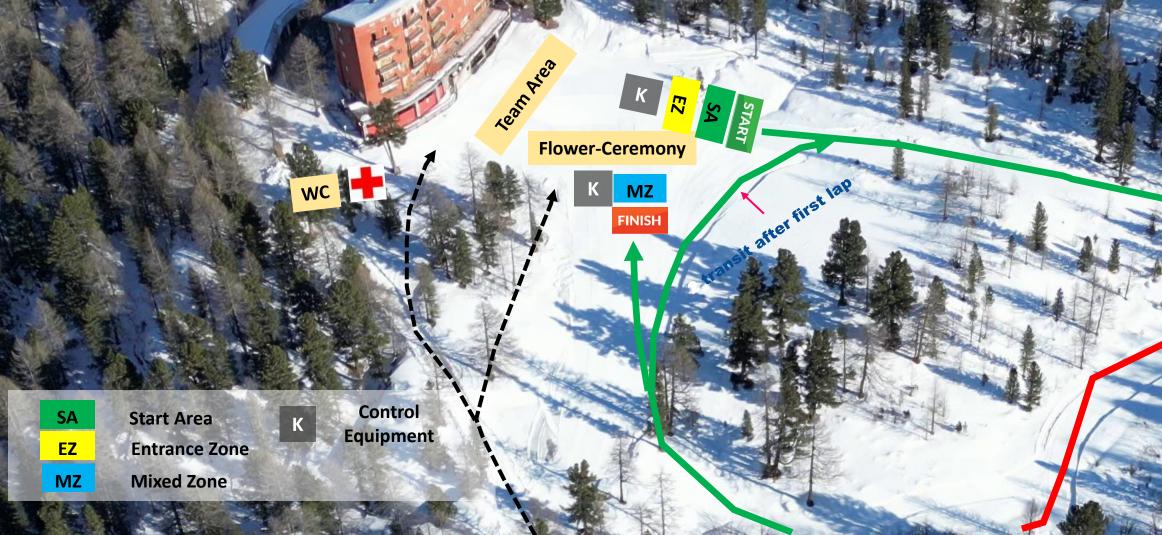






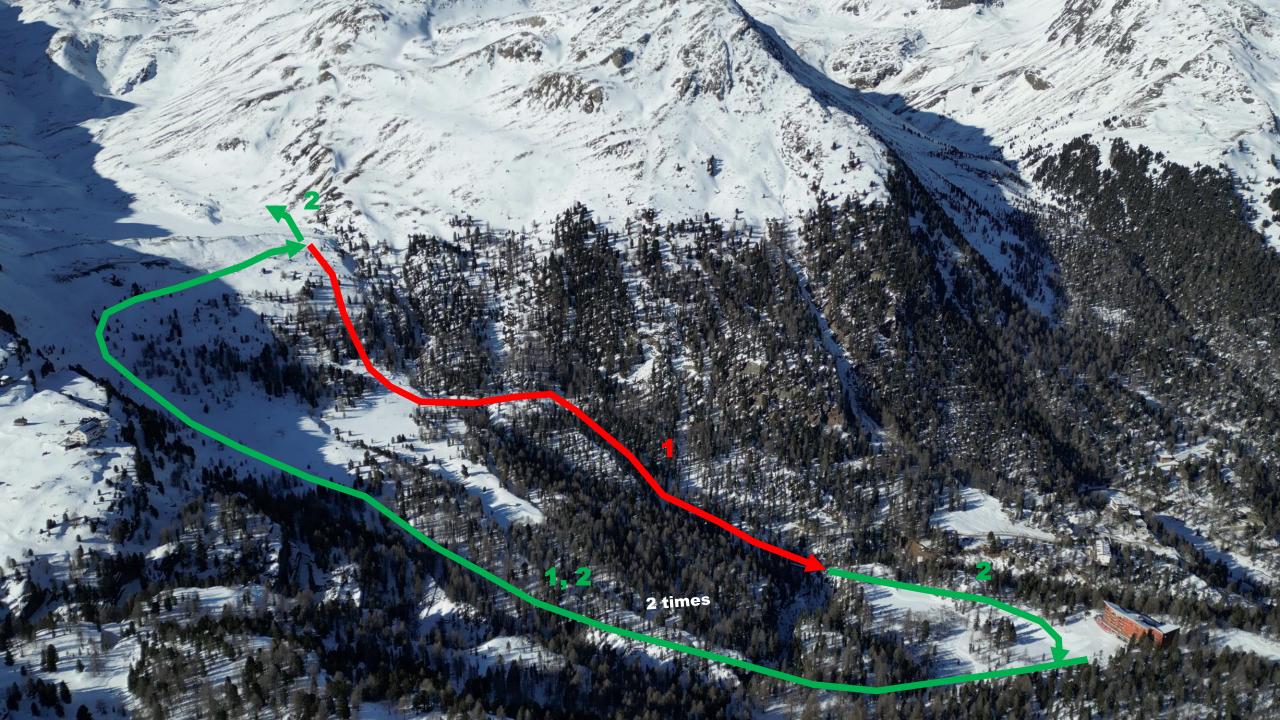


**START/FINISH AREA – ex Hotel Paradies** 





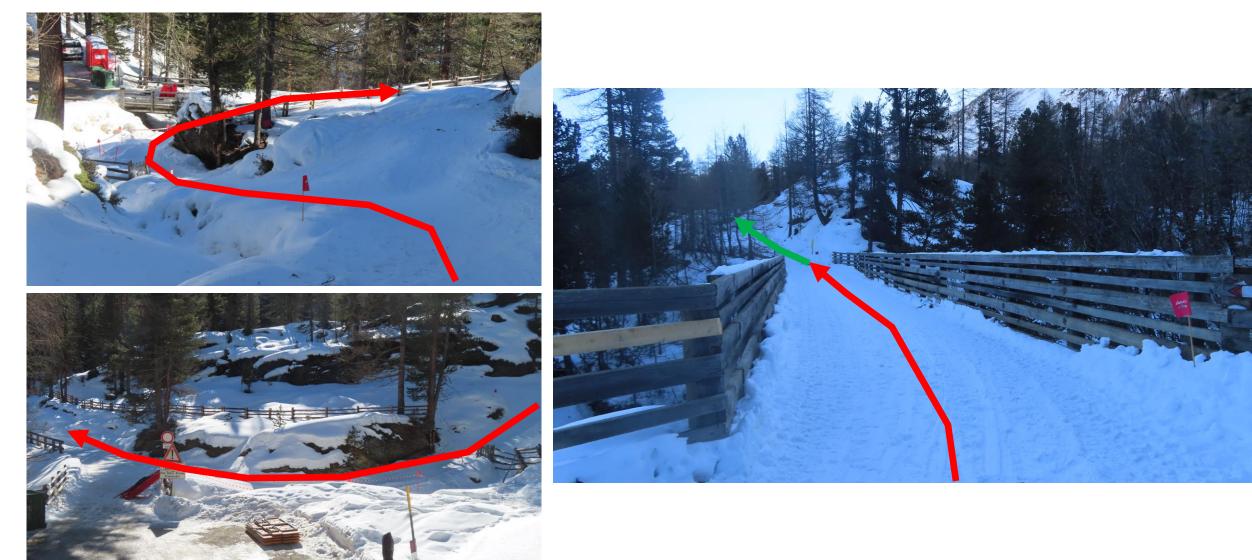


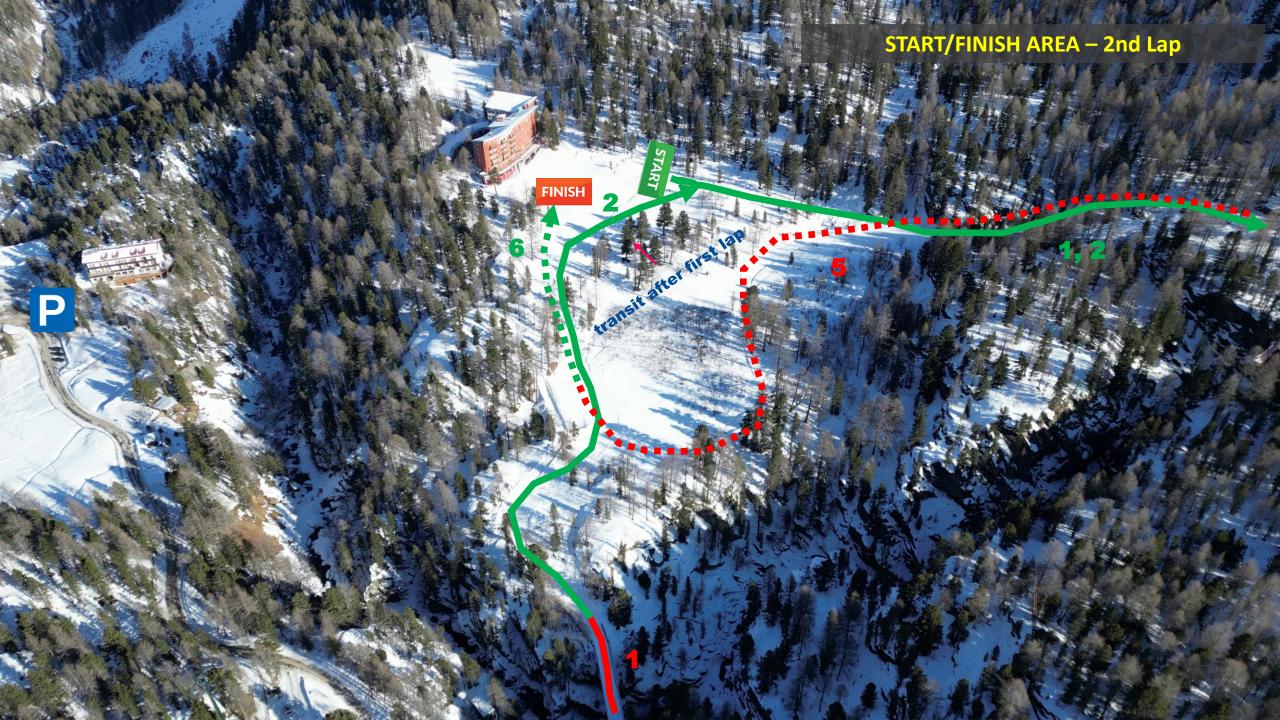


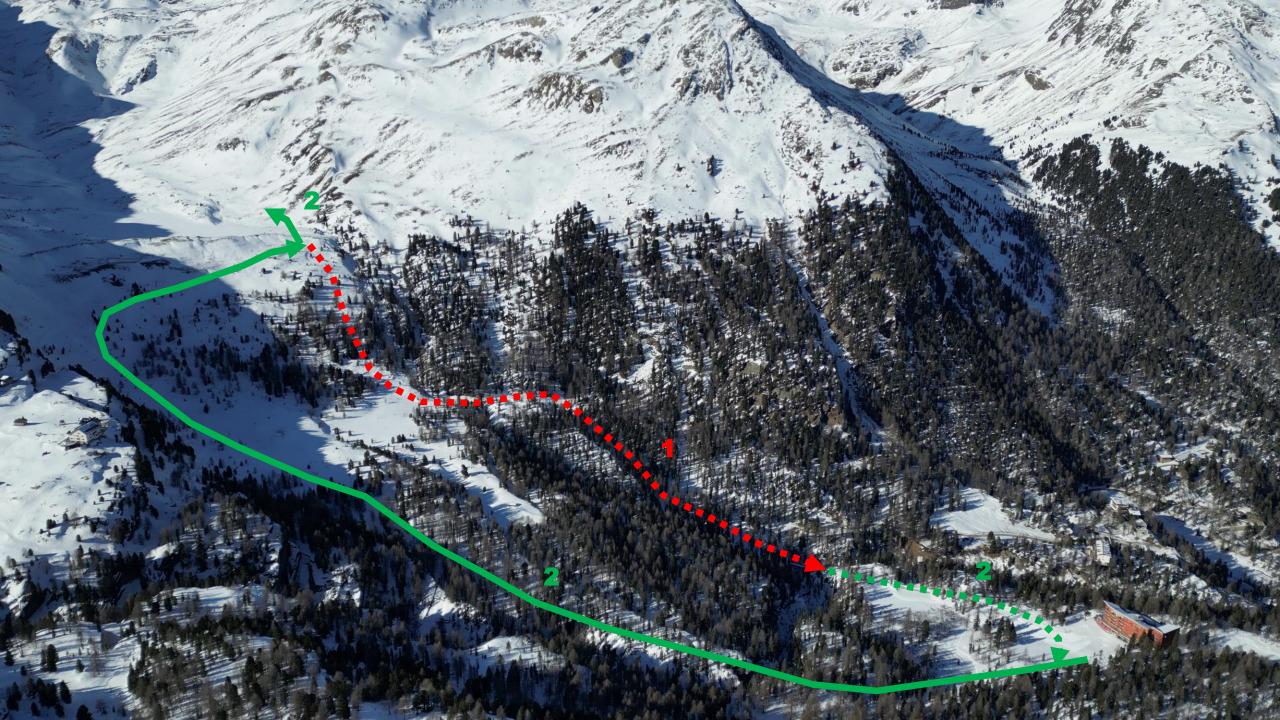
## Caution!!! 1st Descent

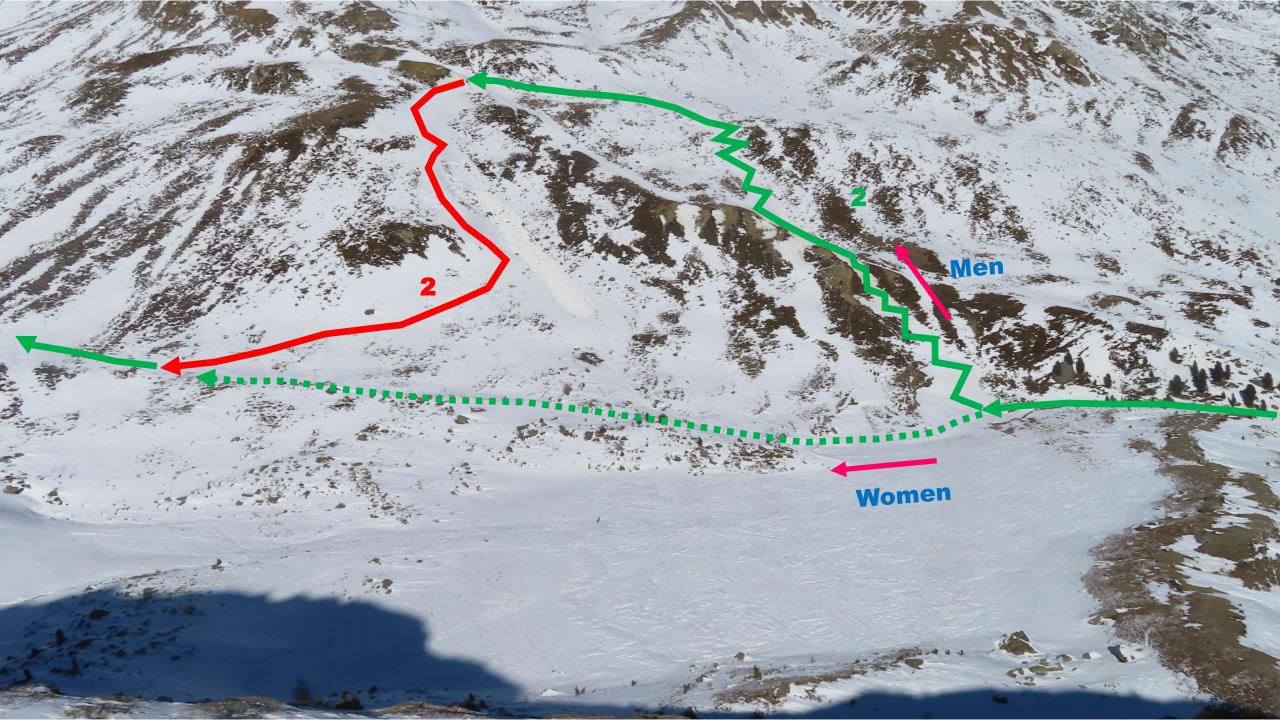
10

### 2nd Transition Area – after the bridge



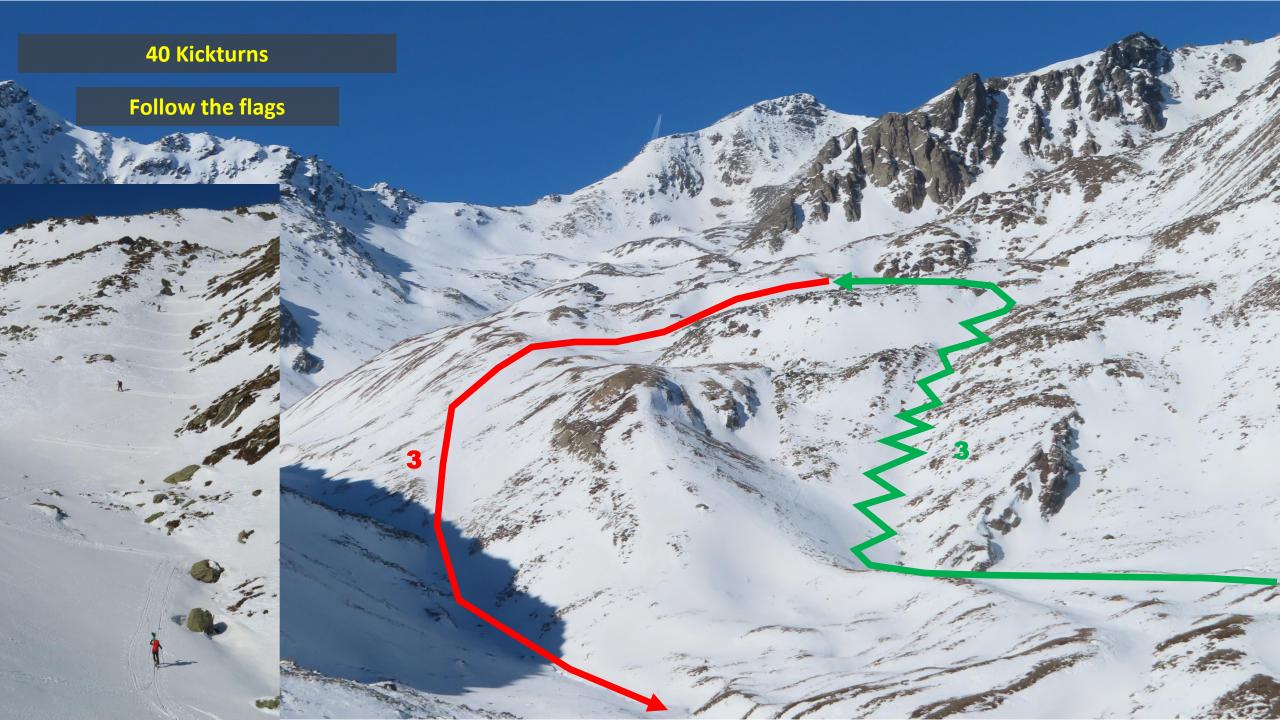












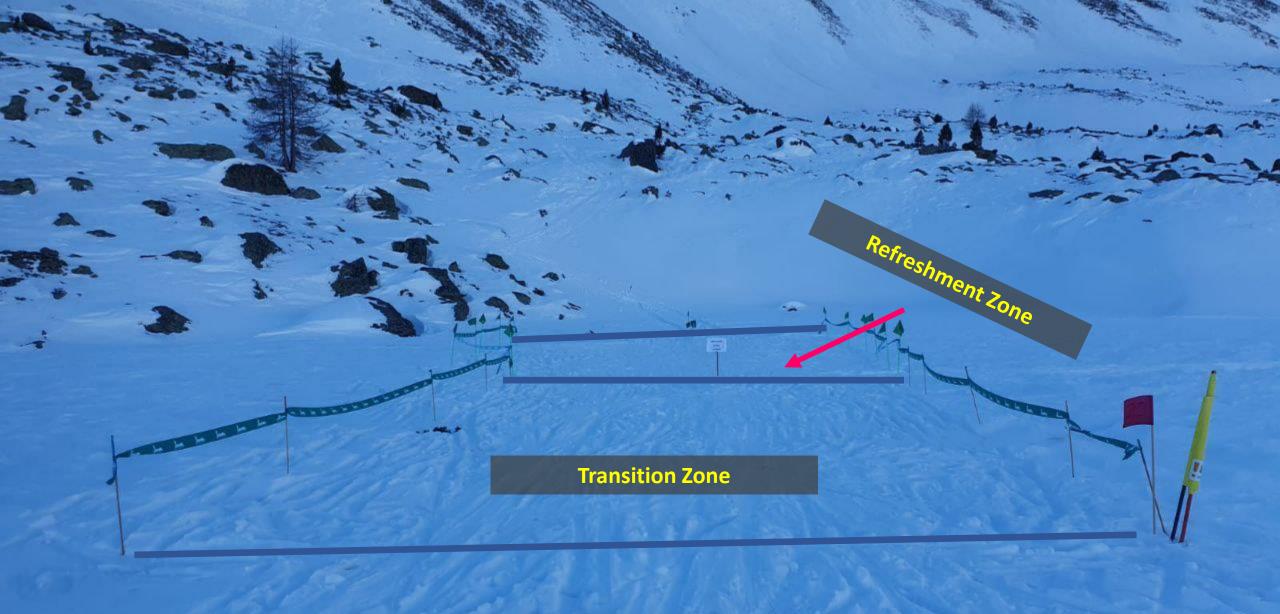
## **Caution!!! in 3rd descent!**

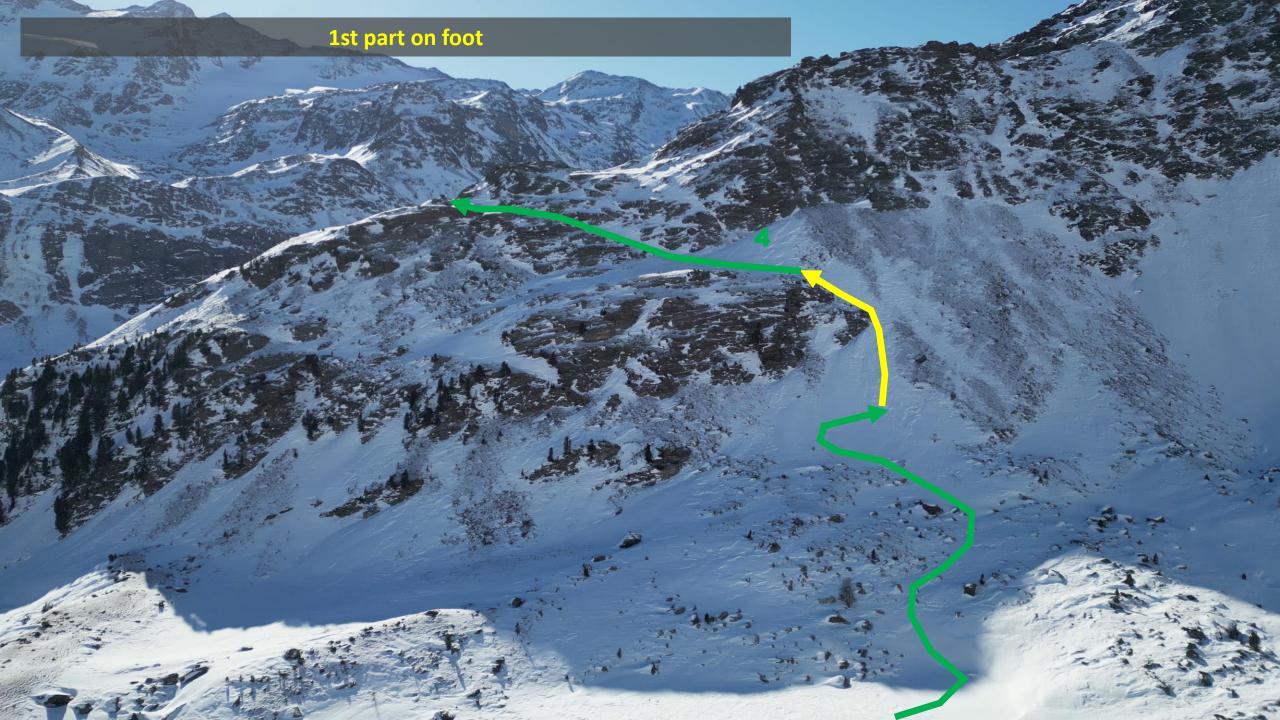
Refreshment Zone – Technical Zone ... after Transition Zone





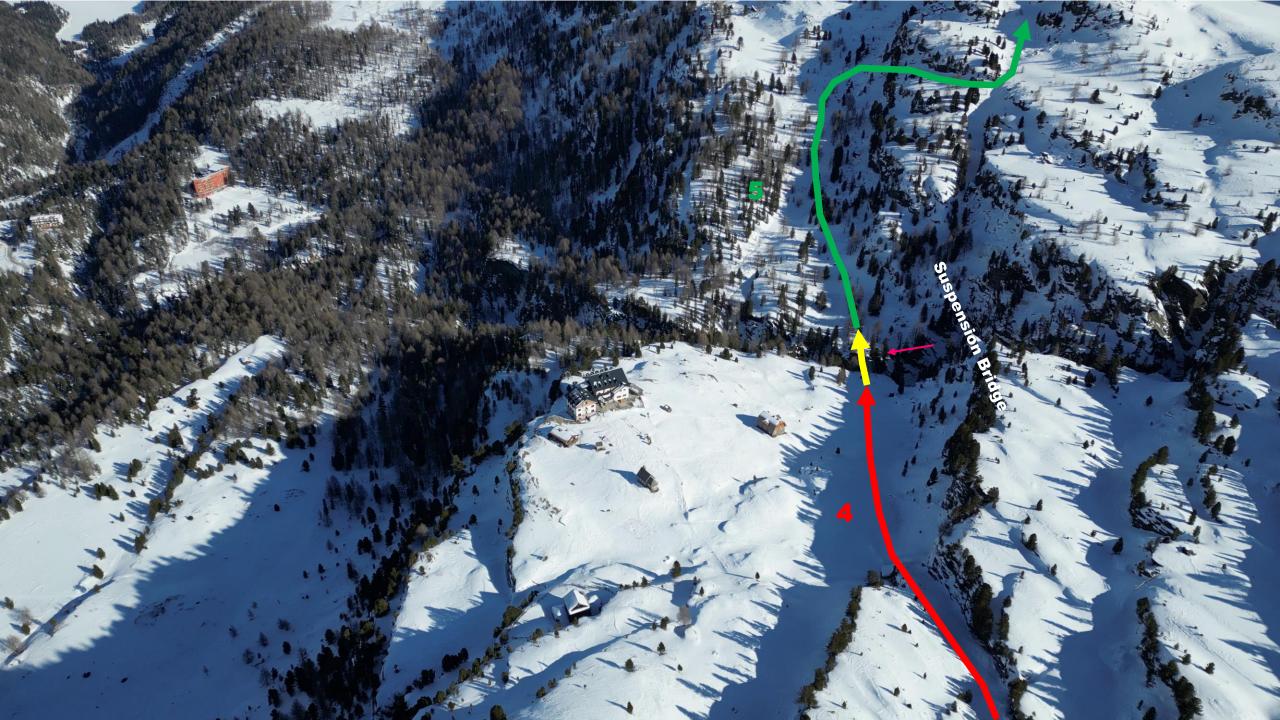
3





#### **Caution on Descent**

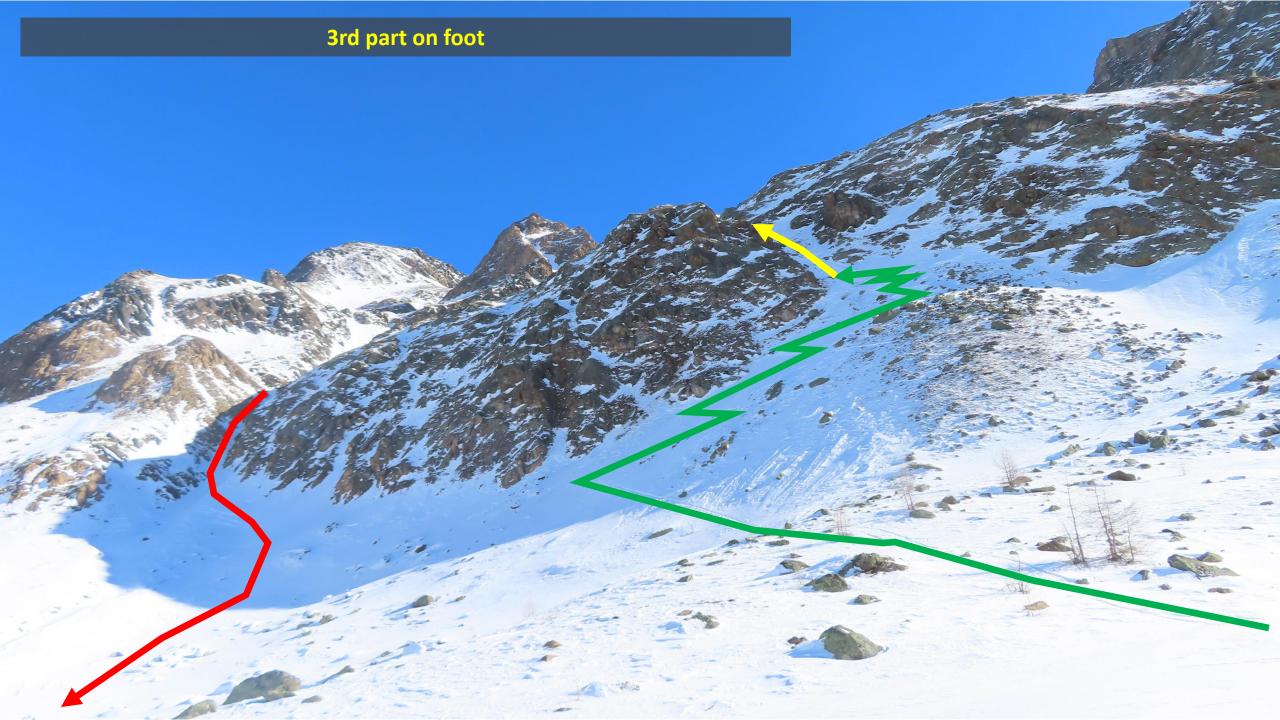
Zufallhütte



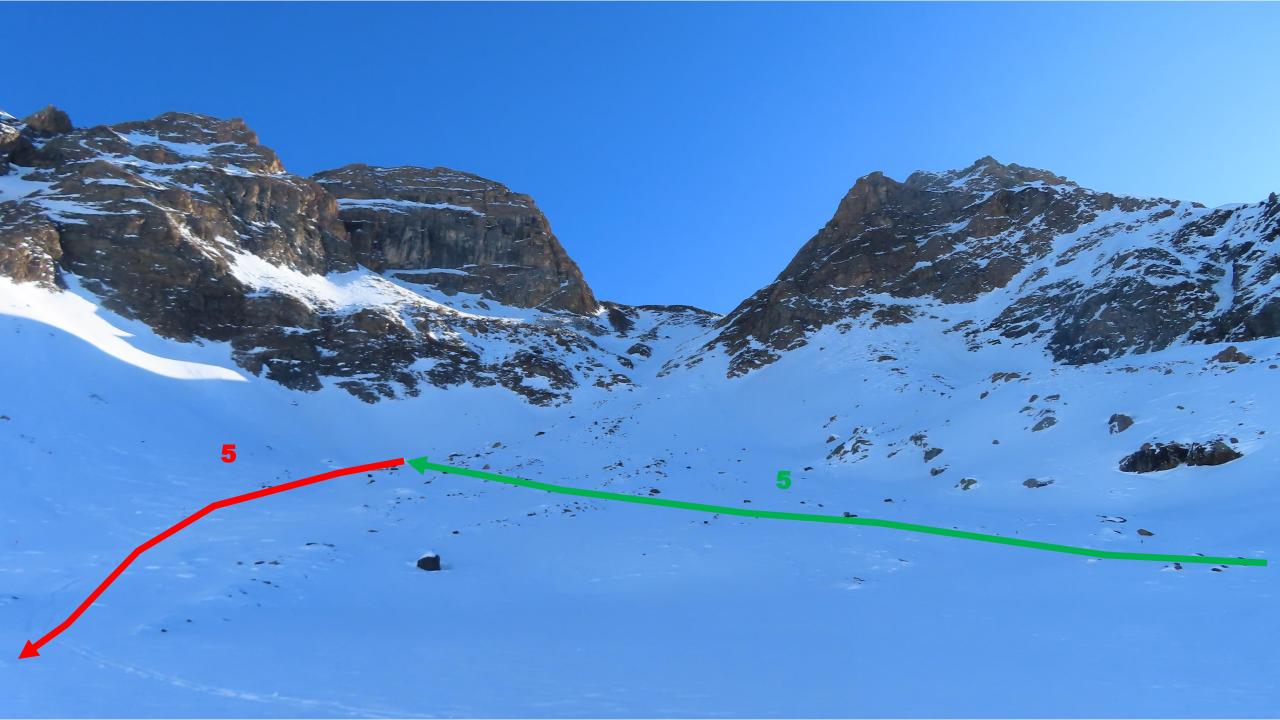
#### Suspension Bridge – 2nd part on foot – skis on backpack NEW

3.7









#### Caution !! Steep Couloir

1

Stones, little snow

no coaches allowed

Caution !! Steep Couloir

Stones, little snow



Fixed Rope, optional



#### Caution on the descent through the forest!!!

ALL STREET

little snow, stones

Re Co All Street

FINISH

Caution on the descent through the forest!!!

little snow, stones

Last ascent with skins



#### FINISH AREA ex-Hotel Paradiso



# Compulsory Equipment

COMPULSORY EQUIPMENT	TEAM	INDIVIDUAL	SPRINT	RELAY	VERTICAL
Passport/National ID card or a copy (in the		х	х	x	х
backpack or race suit)	Х				
Skis	X	Х	Х	Х	Х
Bindings	X	Х	Х	Х	Х
Boots	X	Х	Х	Х	Х
Ski poles	Х	Х	Х	Х	Х
Skins (one pair min.)	X	Х	Х	Х	Х
Helmet	X	Х	Х	Х	X*
Gloves	X	Х	Х	Х	Х*
Backpack	X	Х	Х	Х	X*
Three layers up	X	Х	Х*	Х*	X*
Two layers down	X	Х	Х*	Х*	Х*
DVA	X	Х	Х*	Х*	X*
Snow shovel	X	Х	Х*	Х*	Х*
Snow probe	X	Х	Х*	Х*	X*
Survival blanket	X	Х	Х*	Х*	Х*
Eyewear	X	Х	Х*	Х*	Х*
Whistle	X	Х	Х*	Х*	Х*
SUPPLEMENTARY EQUIPMENT					
Fourth layer					
Ski cap or head band					
Second pair of gloves					
Head lamp					
Second pair of eyewear					
Crampons					
Second pair of skins					
Dynamic rope (one per team)					
Harness					
Via Ferrata kit					
Two connectors					
Mask (2 pieces) – Pandemic equipment					

# Bib's & Chip's Position



Bib on the backpack

Bib on both thighs (right & left)

Chip above or below the calf



### Case of abandon of an athlete



*ISMF Sporting Rules & Regulations (point 4.6)* 

#### <u>Abandon</u>

• A competitor having difficulties may give up on his/her own initiative or be forced to give-up by decision of the race director or one of the doctor's present.

• Giving up (by own initiative or forced) must take place at a checkpoint or waypoint according to the procedure described during race Team Captain Meeting except under extreme circumstances. For team races, if one team member gives up then the other will be told to give up and must follow instructions given by the controllers. Every competitor having withdrawn MUST inform the President of Technical Jury (or his representative) upon arrival at the finish area, and especially the Anti-Doping Delegate. The competitors having withdrawn may also be subject to doping control.

### Useful links for the race



- *Live results:* <u>https://live.mso-chrono.ch/live/glive/g-live.html?f=../2023/ismf-wc-marmotta-trophy-individual/ismf\_martello\_individual.clax</u>
- Event feedback: <u>http://www.ismf-ski.org/webpages/competitions/event-feedback/</u>



Most important LOC's people



Doctor:

Nicole Ritsch

Katharina Fleischmann

Egon Eberhöfer

+39 339 / 6109222

+39 335 / 7198594

+39 345 / 0345933

Race Director: Race Office:

In case of emergeny:

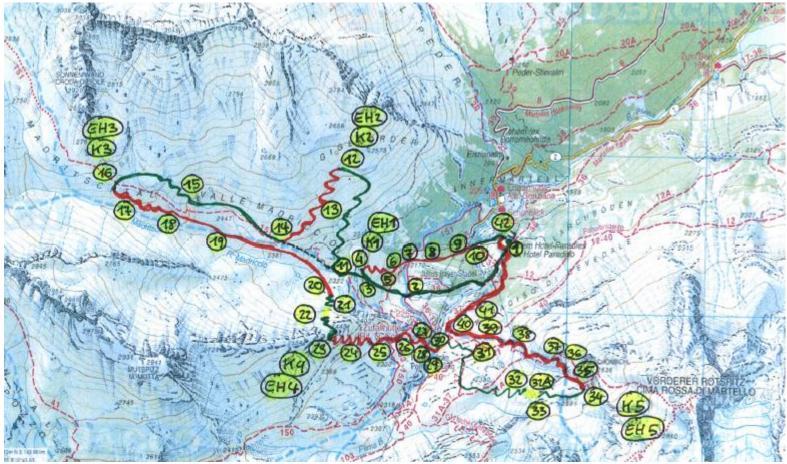




# Safety along the Track



Safety along the route is guaranteed by 5 First-Aid Stations, 3 Avalanche Rescue Dogs and 70 Track Attendants of Mountain Rescue, all equipped with Radio! Rescue helicopter approach time to the track: 6-8 minutes



# Car Pass - Shuttle Service



- Due to limited parking space, only a specified number of cars are allowed to park near the Individual Start
- Teams will get a "Green Car Pass" to park at reserved parking space
- Each team will get at least 1 "Green Car Pass". For every 8 athletes the teams get 1 additional "Green Car Pass".
- The "Yellow Car Pass" is reserved for ISMF, EBU, LOC; the "Red Car Pass" is valid for the races on Saturday and Sunday; Please make sure to park in the right area!
- Alternatively, there is a free shuttle service from the Biathlon Centre (no pre-booking needed)
- For information about transportation: +39 380 748 6879 (Andrea)



# Prize Money

All winners should go after the prize-giving ceremony to the Race Office at the Biathlon Centre "Grogg" for clarifications

- Of payment formalities. Please provide complete anagrafic data and:
- Copy of Identity Card or Passport
- Copy of Personal Tax ID (if provided)
- Bank Coordinates

#### Info: <u>martell@alpenverein.it</u>





### **Green Event**





Green Events are planned, organized and realized according to criteria of sustainability. The essential factors are efficiency of resources, waste management, regional added value and social responsibility. In order to obtain the GreenEvent certification, we implemented a number of measures.

#### The 5 most important issues:

- digital advertising
- regional products
- responsible consumption
- reuse of markings | advertising banners
- environmental communication

Help us make this event as eco-friendly as possible!

# Historical Results



2008	RIZ Martin (ITA)
2009	REICHEGGER Manfred (ITA) &
	BRUNOD Dennis (ITA)
2010	GIACOMELLI Guido (ITA)
2011	JORNET BURGADA Kilian (ESP)
2012	BON MARDION William (FRA)
2013	KUHAR Nejc (SLO)
2014	FASSER Alexander (AUT)
2015	BON MARDION William (FRA)
2016	LAUTENBACHER Toni (GER)
2017	ANTONIOLI Robert (ITA)
2018	MAGNINI Davide (ITA)
2019	BOSCACCI Michele (ITA) &
	MAGNINI Davide (ITA)
2019	LAUTERBACHER Toni (GER)
2020	n.a.
2021	EYDALLIN Matteo (ITA)
2022	MAGNINI Davide (ITA)
2022	NICOLINI Federico (ITA)

STERR Regina (AUT) PEDRAZZINI Roberta (ITA) & MARTINELLI Francesca (ITA) SWIDRAK Veronika (AUT) MIRO VARELA Mireia (ESP) ROUX Laetitia (FRA) ROCCA Silvia (ITA) ESSL Michaela (AUT) ROUX Laetitia (FRA) DE SILVESTRO Alba (ITA) DE SILVESTRO Alba (ITA) DE SILVESTRO Alba (ITA) DE SILVESTRO Alba (ITA) & MURADA Giulia (ITA) VON BORSTEL Susi (GER) n.a. ALEXANDERSSON Tove (SWE) GACHET MOLLARET Axelle (FRA) VALMASSOI Martina (ITA)

# **Our Sponsors and Partners**

Thanks for the support !





Wir wünschen allen ein gutes Rennen! In bocca al lupo per la gara! Good Luck!



Regionalentwicklungs-Genossenschaft Martell 3B . Meiern 96 . I-39020 Val Martello +39 380 7486879 . info@marmotta-trophy.it

